

# The Impact of Social Media Influencers on Consumer Purchase Decisions in India

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## Abstract

In recent years, social media influencers have emerged as powerful agents of digital marketing, reshaping how consumers discover, evaluate, and purchase products. This study investigates the extent to which influencer attributes—such as credibility, parasocial interaction, and content exposure—affect consumer purchase intentions. Drawing on a sample of 300 social media users in India, quantitative methods including correlation analysis and hypothesis testing were employed using SPSS to assess the relationships between influencer engagement and consumer behaviour. Contrary to widely held assumptions, the findings reveal that influencer credibility does not significantly enhance purchase intention, and parasocial interaction may even correlate negatively with brand perception. Moreover, content exposure frequency and platform type (Instagram vs. YouTube) were not found to be decisive factors in influencing consumer decisions. The results suggest that while influencers remain relevant as digital intermediaries, their effectiveness in driving consumer purchases is limited and mediated by deeper trust, content relevance, and contextual factors. The paper offers practical recommendations for marketers to recalibrate influencer strategies toward authenticity, integrated messaging, and audience alignment.

**Keywords:** Social media influencers, consumer behaviour, purchase intention, influencer marketing, parasocial interaction, digital trust, Instagram, YouTube, India.

## Introduction

Over the past decade, social media has evolved from a networking platform to a powerful marketing ecosystem that shapes consumer perceptions and influences purchasing behaviour. With the rise of platforms such as Instagram, YouTube, TikTok, and Twitter, a new class of digital opinion leaders known as **social media influencers** has emerged. These individuals, often with a strong follower base and niche content, have gained considerable sway in consumer markets by bridging the gap between brands and target audiences (Freberg et al., 2011). Social media influencers (SMIs) operate as a form of electronic word-of-mouth (eWOM), a marketing strategy shown to be significantly more effective than traditional advertisements in influencing consumer decisions (Cheung & Thadani, 2012). Influencers leverage personal branding, authenticity, and perceived expertise to build trust among followers, which subsequently impacts consumer attitudes and purchase intentions (Djafarova & Rushworth, 2017). As digital natives increasingly rely on peer recommendations and influencer endorsements, the traditional boundaries between marketing communication and consumer relationships have blurred.

Empirical studies highlight that factors such as influencer **credibility**, **attractiveness**, **trustworthiness**, and **content quality** play crucial roles in affecting consumer decision-making processes (Sokolova & Kefi, 2020; Lou & Yuan, 2019). This phenomenon is particularly pronounced among millennials and Gen Z consumers, who often consider influencers to be more reliable and authentic than

celebrity endorsements or brand-generated content (De Veirman, Cauberghe & Hudders, 2017).

In the Indian context as well, the influencer marketing industry has seen exponential growth, projected to reach ₹2,800 crore by 2026 (EY-IFICI, 2022). With increasing smartphone penetration, data accessibility, and cultural shift toward digital lifestyles, Indian consumers now interact with brands in more personalized and dynamic ways, driven largely by influencer recommendations.

Despite the growing strategic importance of influencers in digital marketing, gaps remain in understanding the exact mechanisms through which they impact consumer purchase decisions. Do consumers trust influencer endorsements implicitly? What aspects of an influencer make their endorsement persuasive? And how do these factors vary across demographic and psychographic groups? This study seeks to fill these gaps by exploring how social media influencers impact consumer purchase behaviour, focusing on the key dimensions of influencer credibility and consumer engagement. By doing so, it aims to offer actionable insights for marketers looking to optimize influencer-based campaigns in a saturated and dynamic digital landscape.

The study aims to examine the influence of social media influencers on consumer purchase behaviour, with a focus on the psychological and content-based attributes of influencers. Specifically, the objectives are:

1. To analyse the impact of influencer credibility (expertise, trustworthiness, and attractiveness) on consumer purchase intentions.

2. To examine the role of parasocial interaction (one-sided emotional connection) in shaping consumer trust and engagement.
3. To assess how the frequency of exposure to influencer content affects consumer attitudes toward brands.
4. To evaluate platform-specific differences (e.g., Instagram vs. YouTube) in influencer effectiveness.
5. To identify the key influencer attributes that lead to higher levels of consumer purchase decisions across demographics.

### Literature Review

*Concept of Social Media Influencers (SMIs):* Social media influencers are individuals who have gained credibility within a specific niche or audience segment and can shape followers' opinions through their content on digital platforms. Freberg et al. (2011) define social media influencers as "a new type of independent third-party endorser who shapes audience attitudes through blogs, tweets, and the use of other social media." Influencers function as micro-opinion leaders whose perceived expertise and personal authenticity enhance their ability to influence purchase decisions.

The rise of SMIs can be attributed to the growing consumer skepticism toward traditional advertising and the shift toward peer recommendations and user-generated content (Kapitan & Silvera, 2016). This phenomenon is closely associated with the concept of electronic word-of-mouth (eWOM), which has been found to be more impactful and credible than traditional media in shaping purchase intentions (Cheung & Thadani, 2012).

*Influencer Credibility and Consumer Trust:* Credibility is considered a critical factor in determining an influencer's persuasive power. The **Source Credibility Theory** suggests that the effectiveness of a message depends largely on the communicator's trustworthiness, expertise, and attractiveness (Hovland, Janis & Kelley, 1953). In the context of influencer marketing, these dimensions are equally applicable. Ohanian (1990) operationalized these attributes in advertising research, and subsequent studies have confirmed their relevance to social media influencers.

Sokolova and Kefi (2020) found that influencer trustworthiness and expertise significantly influence consumer purchase intentions, while parasocial interactions – the illusion of a face-to-face relationship – enhance emotional connections and brand engagement. Similarly, Lou and Yuan (2019) demonstrated that when influencers are perceived as authentic and knowledgeable, consumers are more likely to trust their endorsements and consider their product recommendations.

*Role of Influencer Attributes in Persuasion:* Research by De Veirman, Cauberghe, and Hudders (2017) explored the impact of influencer attributes, such as

number of followers and content quality, on consumer perceptions. Their findings indicated that while a large follower base enhances perceived popularity, it may sometimes reduce authenticity, especially when followers suspect sponsored content.

Moreover, influencer **relatability** has been highlighted as a key driver of consumer engagement. Djafarova and Rushworth (2017) discovered that young female consumers are more likely to trust and emulate influencers who appear approachable and share similar values or lifestyles. In this context, **micro-influencers** often outperform macro-influencers in fostering stronger engagement due to their niche appeal and perceived sincerity (Scott, 2015).

*Impact on Consumer Decision-Making and Purchase Intention:* Consumer decision-making in the digital age is increasingly influenced by social cues, peer opinions, and user-generated content. According to Pavlou and Stewart (2000), social influence in online environments can shape information processing and lead to attitudinal or behavioural changes. This aligns with the **Theory of Planned Behaviour** (Ajzen, 1991), which posits that attitude, subjective norms, and perceived behavioural control together influence consumer intentions.

Multiple studies confirm the effectiveness of influencer marketing in enhancing brand attitudes and driving sales. Jin and Ryu (2020) found that perceived congruence between the influencer and the brand positively affects consumer attitudes and purchase intentions. Furthermore, Erdogan (1999) emphasized that congruency between the endorser's image and the product type strengthens the advertisement's effectiveness.

*Cultural and Regional Considerations:* While much of the early influencer marketing literature focused on Western markets, recent research in Asian and Indian contexts reveals similar patterns. In India, influencers hold significant sway, particularly among urban youth and smartphone-savvy demographics. A report by EY-IFICI (2022) highlighted that Indian consumers often consider influencers more relatable and persuasive than celebrities, and the influencer marketing industry in India is projected to surpass ₹2,800 crore by 2026.

Singh and Sonnenburg (2020) argue that cultural values, language, and social identity play crucial roles in shaping the effectiveness of influencers in different regions. Hence, brands must consider regional nuances while designing influencer campaigns.

### Gaps in the Literature

Although the existing literature provides robust insights into the role of influencer characteristics and consumer psychology, gaps remain in understanding how these interactions vary across demographics, content types (e.g., video vs. image-based), and

platform-specific behaviours. Additionally, limited studies have empirically tested the **long-term effects** of influencer marketing on consumer loyalty and sustained purchasing patterns.

### Hypotheses

Based on the above objectives and prior literature, the following hypotheses are proposed:

- **H1:** Influencer credibility (trustworthiness, expertise, and attractiveness) has a **positive and significant impact** on consumer purchase intentions.
- **H2:** Higher levels of parasocial interaction between consumers and influencers lead to **greater trust** and **positive brand attitudes**.
- **H3:** Increased frequency of exposure to influencer content significantly **enhances brand recall** and **purchase intention**.
- **H4:** Influencers on visual platforms (e.g., Instagram) have a **greater impact on impulsive purchases**, while video platforms (e.g., YouTube) influence **considered purchase decisions**.
- **H5:** The impact of social media influencers on purchase decisions **varies significantly across age, gender, and income groups**.

### Research Methodology

**Research Design:** The study adopts a **quantitative, descriptive research design** to examine the impact of social media influencers on consumer purchase decisions. This approach is suitable for identifying relationships between variables such as influencer credibility, consumer trust, engagement level, and purchase intention.

#### Population and Sample:

##### • Target Population:

Consumers aged 18–40 who actively use social media platforms (e.g., Instagram, YouTube) and follow at least one influencer were included in the sample:

##### • Sampling Technique:

A **non-probability purposive sampling** method was used to target participants who engage with influencer content regularly.

##### • Sample Size:

A sample of **300 respondents** was selected to ensure statistical reliability.

Respondents were surveyed from urban areas in India, primarily Tier-1 and Tier-2 cities.

#### Data Collection Method:

##### • Primary Data:

Structured **online questionnaires** was administered using Google Forms.

The questionnaire consisted of both closed-ended and Likert scale-based items.

##### • Secondary Data:

Academic journals, industry reports (e.g., EY-IFICI), market research studies, and existing literature on

influencer marketing were referred for background and triangulation.

#### Research Instrument:

The questionnaire was divided into five sections:

1. **Demographics:** Age, gender, income, education, occupation.
2. **Social Media Usage:** Platform preference, frequency of use, type of influencers followed.
3. **Influencer Credibility Scale:** Based on Ohanian (1990) — measuring *trustworthiness*, *expertise*, and *attractiveness* (using 5-point Likert scale).
4. **Parasocial Interaction:** Measured using Rubin et al.'s (1985) scale adapted to social media context.
5. **Purchase Intentions and Behaviour:** Items adapted from Lou & Yuan (2019) and Sokolova & Kefi (2020) to assess the likelihood of purchase influenced by influencer content.

### Tools for Data Analysis

#### • Software Used:

Microsoft Excel and **SPSS (Statistical Package for the Social Sciences)** were used for data cleaning and analysis.

#### • Statistical Techniques:

- **Descriptive Statistics:** To summarize demographic and behavioural patterns
- **Reliability Analysis (Cronbach's Alpha):** To test internal consistency of scales
- **Correlation Analysis:** To examine relationships between influencer attributes and consumer responses
- **Multiple Regression Analysis:** To assess the predictive strength of influencer credibility, parasocial interaction, and exposure frequency on purchase intention
- **T-tests:** To compare differences across demographic groups

### Data Analysis and Interpretation

This section presents the statistical findings derived from the survey responses of 300 participants. The hypotheses were tested using Pearson correlation, t-tests, and group-wise mean comparisons. Statistical significance was evaluated at the 5% level ( $\alpha = 0.05$ ).

#### Hypothesis 1 (H1):

***Influencer credibility (trustworthiness, expertise, attractiveness) has a positive and significant impact on consumer purchase intentions.***

- **Test Used:** Pearson Correlation between *Influencer Credibility Index* and *Purchase Intention (PI\_Willingness)*.

#### • Result:

- Correlation coefficient ( $r$ ) = **-0.027**
- p-value = **0.638**

#### Interpretation:

There is a very weak, negative, and statistically insignificant relationship between influencer credibility and consumer purchase intention.

**H1 is Rejected.**

**Hypothesis 2 (H2):**

*Higher levels of parasocial interaction between consumers and influencers lead to greater trust and positive brand attitudes.*

• **Test Used:** Pearson Correlation between *Parasocial Interaction Index* and *Brand Opinion (PI\_Brand\_Opinion)*.

• **Result:**

- Correlation coefficient ( $r$ ) = **-0.141**
- p-value = **0.014**

**Interpretation:**

There is a weak but statistically significant **negative** correlation between parasocial interaction and brand opinion. This suggests that increased emotional involvement may **not necessarily** lead to more positive brand perception — possibly due to over-familiarity or content fatigue.

**H2 is Rejected (directionally opposite to hypothesis).**

**Hypothesis 3 (H3):**

*Increased frequency of exposure to influencer content enhances brand recall and purchase intention.*

• **Test Used:** Pearson Correlation between *Usage Frequency (encoded)* and *Brand Awareness (PI\_Awareness)*.

**H4 is Rejected.**

**Hypothesis 5 (H5):**

*The impact of social media influencers on purchase decisions varies significantly across age groups.*

• **Test Used:** Group-wise comparison of *PI\_Willingness* across age groups.

Age Group	Mean PI_Willingness
18–24	3.68
25–30	3.62
31–35	3.45
36–40	3.72

**Interpretation:**

The variation in purchase intention across age groups is relatively small and statistically insignificant.

**H5 is Rejected.**

**Summary of Hypothesis Testing**

Hypothesis	Result
H1	Rejected
H2	Rejected (inverse correlation)
H3	Rejected
H4	Rejected
H5	Rejected

**General Interpretation**

Contrary to popular assumptions, the quantitative analysis indicates that social media influencer credibility, exposure frequency, and even emotional attachment (parasocial interaction) **do not have a strong positive effect** on purchase behaviour in this sample. While consumers follow influencers and

• **Result:**

- Correlation coefficient ( $r$ ) = **-0.057**
- p-value = **0.326**

**Interpretation:**

There is no significant relationship between the frequency of influencer content exposure and brand awareness. This implies that frequent viewing alone does not improve recall.

**H3 is Rejected.**

**Hypothesis 4 (H4):**

*Influencers on visual platforms (Instagram) are more effective for impulsive purchases, while video platforms (YouTube) affect considered purchases.*

• **Test Used:** Independent Sample t-test comparing *PI\_Willingness* between Instagram and YouTube users.

• **Result:**

- t-statistic = **-0.028**,
- p-value = **0.978**

**Interpretation:**

There is no statistically significant difference between the purchase intentions of users on Instagram and YouTube. Platform type does not appear to influence impulse vs. considered purchasing.

engage with their content, the actual **conversion into purchases** is influenced by factors **beyond mere presence and perception of influencers** — potentially including price, product quality, brand reputation, and peer reviews.

**Key Findings**



The present study investigated how various dimensions of social media influencer engagement affect consumer purchase decisions, based on responses from 300 participants. Contrary to prevailing assumptions in digital marketing discourse, the empirical analysis yielded the following major findings:

#### 1. Influencer Credibility Has No Significant Positive Impact on Purchase Intention

While prior literature (e.g., Lou & Yuan, 2019; Ohanian, 1990) suggests that expertise, trustworthiness, and attractiveness of influencers positively impact consumer decisions, this study found no statistically significant correlation between influencer credibility and the likelihood of product purchase. This suggests a possible saturation effect or growing consumer skepticism toward influencer endorsements.

#### 2. Parasocial Interaction May Not Translate into Positive Brand Attitude

The analysis revealed a weak but **negative** correlation between parasocial interaction (PSI) and brand opinion. Though emotional connections with influencers exist, they do not necessarily lead to favorable brand perceptions. This finding contradicts earlier studies (Sokolova & Kefi, 2020) and suggests that over-identification or unrealistic expectations may sometimes backfire.

#### 3. Frequency of Content Exposure is Not a Strong Driver of Brand Awareness

Although frequent exposure to influencer content is assumed to increase product recall, the results showed no significant relationship between usage frequency and brand awareness. This implies that **mere visibility** does not guarantee attention or conversion, especially in a cluttered digital space.

#### 4. Platform Type Does Not Significantly Influence Consumer Purchase Behaviour

The hypothesis that Instagram influences impulsive buying more than YouTube (which might drive informed decision-making) was also rejected. The purchase intention scores did not differ meaningfully between users of these platforms, indicating that **content quality and relevance**, rather than the platform, may matter more.

#### 5. Minimal Age-Wise Variance in Purchase Intention

While Gen Z and millennials are often considered the prime targets of influencer campaigns, the study found only marginal differences in purchase behaviour across age groups, and none of them were statistically significant. This calls into question the demographic segmentation strategies currently used by influencer marketers.

#### Interpretation and Implication

These findings challenge several popular narratives in influencer marketing. While influencers remain important touchpoints for consumers, **their influence may not be as direct or potent** in driving

purchases as previously assumed. There are several plausible interpretations for this outcome:

- **Consumer Maturity and Media Literacy:** Audiences today are more discerning and aware of sponsored content, potentially reducing the blind trust once enjoyed by influencers.
- **Over-commercialization of Influencer Space:** As influencers increasingly promote a wide array of brands, their endorsements may appear less genuine, thereby diluting impact.
- **Role of Supplementary Factors:** Product affordability, user reviews, peer opinions, and brand reputation may weigh more heavily in consumer decisions than influencer content alone.

Moreover, the negative association between parasocial interaction and brand attitude hint towards a **trust-fatigue** phenomenon, where emotional closeness does not always convert into brand loyalty. This aligns with emerging critiques in literature suggesting that **audience-influencer relationships may reach a tipping point**, beyond which overexposure causes disengagement (Boerman et al., 2017).

#### Implications for Marketers

- Influencer campaigns must go beyond aesthetics and follower counts to emphasize **authentic storytelling** and **genuine product usage**.
- Brands should consider supplementing influencer marketing with **consumer testimonials**, **peer-driven referrals**, and **experiential campaigns** to enhance trust.
- Rethinking segmentation by **psychographic traits** (e.g., engagement style, value orientation) rather than just demographics may yield more targeted results.
- Marketers should monitor **parasocial dynamics** to avoid alienating followers through over-saturation or repetitive messaging.

#### Conclusion

The study set out to examine the influence of social media influencers on consumer purchase decisions, focusing on dimensions such as influencer credibility, parasocial interaction, exposure frequency, platform preference, and demographic variations. Contrary to dominant assumptions in the literature and marketing practice, the findings suggest that while influencers are widely followed and engaged with, their **direct impact on consumer purchase behaviour is limited** in the sampled population.

Key takeaways include:

- **Influencer credibility** (in terms of expertise, trust, and attractiveness) did **not significantly enhance** purchase intention.
- **Parasocial interaction** showed a **weak negative** correlation with brand opinion, indicating that emotional bonds with influencers do not always lead to favourable brand perceptions.
- **Frequency of exposure** to influencer content did not translate into greater brand awareness.
- **Platform-specific differences** (Instagram vs. YouTube) were not significant in shaping purchase decisions.
- **Age-wise differences** in consumer response were minimal, challenging conventional demographic targeting strategies.

These insights point to a more **complex and nuanced relationship** between influencers and consumers than what is often portrayed. Influencer marketing is not a guarantee of conversion but rather one piece in a multifaceted consumer journey.

### Recommendations

Based on the empirical findings, the following recommendations are proposed for brands, marketers, and content strategists:

#### 1. Prioritize Authenticity Over Aesthetics

Influencer partnerships should focus on authenticity and credibility rather than vanity metrics like follower count. Micro-influencers with genuine engagement may offer more persuasive value than high-profile personalities.

#### 2. Integrate Influencer Content With Broader Brand Strategy

Instead of relying solely on influencer campaigns, brands should align influencer messaging with consumer reviews, peer testimonials, and personalized offers to build a coherent and trustworthy brand image.

#### 3. Monitor and Manage Parasocial Relationships

While emotional engagement is valuable, excessive or superficial interactions can lead to fatigue or skepticism. Marketers should curate influencer collaborations that feel personal yet purposeful.

#### 4. Rethink Platform-Centric Targeting

Rather than emphasizing the platform, focus on the **format, tone, and relevance** of content. A well-crafted YouTube video or an Instagram story may perform equally well if the message resonates with the target audience.

#### 5. Explore Psychographic Segmentation

Consumers differ not just by age or gender but also by their values, digital literacy, and trust thresholds. Understanding such traits can help tailor more effective and targeted influencer marketing strategies.

### 6. Conduct Ongoing Feedback and Performance Evaluation

Use data analytics tools to measure engagement, conversions, and consumer sentiment. Continuous tracking helps refine campaigns and allocate resources more effectively.

### Direction for Future Research

This study opens avenues for further exploration, such as:

- Longitudinal studies tracking the **long-term effects** of influencer marketing.
- Cross-cultural comparisons to understand **regional differences** in influencer impact.
- Qualitative studies investigating the **psychological underpinnings** of influencer-consumer dynamics.

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